

GENERAL INFORMATION

Stay active, healthy, and engaged in your community by participating in our ongoing and one-time program offerings at Pelham Parks and Recreation. Unlimited fitness classes are included with the cost of a Rec Center membership. Non-members must pay a small fee for each class attended. Memberships are available to Pelham residents and Pelham business owners/employees over the age of 19.

MEMBERSHIP INFORMATION

Individual Membership | \$100/Year or \$10/Month

Must be a resident of Pelham and at least 19 years old.

Family Membership | \$200/Year or \$20/Month

Must be a resident of Pelham, immediate family, which consists of a couple and unmarried children under the age of 23.

Corporate Membership | \$200/Year/Individual

Must be employed with a business or organization in Pelham.

Silver Sneakers/Renew Active | FREE

Must present Silver Sneakers membership card or Renew Active activation code.

Prime Fitness Membership | FREE

Must present Prime membership card at registration. The program is provided at no cost by your employer or health plan.

RESERVATION & RENTAL INFORMATION

Facility Use	Cost	Deposit Info
Recreation Center*	\$2,540/Day	\$625 due 60 days prior to event
Gymnasium: 2 Regulation Courts*	\$200/Hour or \$750/Day	\$50 due 30 days prior to event
Gymnasium: 1 Regulation Court*	\$140/Hour or \$500/Day	\$50 due 30 days prior to event
Depot Conference Room	\$40/Hour	\$25 due 30 days prior to event
Multipurpose Room	\$75/Hour	\$25 due 30 days prior to event
Baseball/Softball Field Complex*	\$800/Day	\$200 due 30 days prior to event
Baseball/Softball Field (1)	\$80/2 Hours	
Baseball/Softball Field (Fungo)	\$80/2 Hours	Reservation required
City Park Baseball or Volleyball Pavilion	Free 2 Hours max	Reservation required

*Site supervisor required.

NOTE: Credit card must be placed on file at the time of reservation.

HOLIDAY HOURS & CLOSINGS

September 5	8:00 am - 4:00 pm
November 11	8:00 am - 4:00 pm
November 24	Closed
November 25	8:00 am - 4:00 pm
December 23	8:00 am - 4:00 pm
December 24	Closed
December 25	Closed
December 26	8:00 am - 4:00 pm
December 31	8:00 am - 4:00 pm

STAFF

Hal Brown, Interim Director

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FACILITIES & PARKS

Recreation Center
Pelham Greenway Trail
City Park Complex
Senior Center
Dog Park
Carroll Park
Coker Park
Fun Go Holler Park
Creekview Neighborhood Park



Fall 2022
**PROGRAM
GUIDE**
SEPTEMBER - DECEMBER





ONLINE REGISTRATION

www.pelhamalrecreation.gov

Coming Next Season

Spring T-Ball (Co-Ed)

Date(s): February - May
Time: Any Day I 6:00pm
Location: Multiple Parks
Age: 4 (on or before April 30, 2023)
Cost: \$100
Online or in-person registration:
September 1 - January 22

Spring Boys Youth Baseball

Date(s): February - May
Time: Any Day I 6:00pm & later
Location: Multiple Parks
Age: 5 - 12 (on or before April 30, 2023)
Cost: \$170
Online or in-person registration:
September 1 - January 22

Spring Girls Youth Softball

Date(s): February - May
Time: Any Day I 6:00pm & later
Location: Multiple parks
Age: 5 - 12 (on or before December 31)
Cost: \$170
Online or in-person registration:
September 1 - January 22

Spring Co-ed Youth Soccer

Date(s): End of February - mid May
Time: Any Day I Time varies
Location: Multiple parks
Age: 4 - 11 (on or before January 1, 2023)
Cost: 6U - 8U - \$105
9U - 11U - \$115
Online or in-person registration:
September 1 - January 22

NEW Start Smart Soccer (Co-ed)

Date(s): April - May
Time: Tuesday (8 weeks)
5:30pm-6:30pm
Location: Fungo Holler Park
Age: 3 - 5
Cost: \$60
Online or in-person registration:
January 30 - March 10

Pelham Soccer is Growing!

Co-ed Soccer ages 4-7
U6 (age 4 & 5)
U8 (age 6 & 7)

Girls & Boys Teams
U9 (age 8)
U10 (age 9)
U11 (age 10)
U12 (age 11)

Co-ed Youth Wrestling

Date(s): November - February
Time: Mondays & Wednesdays
6:00pm-7:30pm
Location: PHS Wrestling Room
Age: Entering grades 1 - 6
Cost: \$299 (3 months)
Online or in-person registration:
August 1 - November 21

REGISTRATION ENDS
JANUARY 22, 2023

ADULT SPORTS

Indoor Morning Pickleball

Date(s):
• Session 1: September 2 - October 31
• Session 2: November 2 - December 30
Time: Monday, Wednesday, & Friday
8:00am - 12:00pm
Location: Rec Center Gym
Age: 14+
Cost: Free (members) | \$15/session
Online or in-person registration:
August 22 - October 30 (Session 1)
October 17 - December 30 (Session 2)

Indoor Evening Pickleball

Date(s):
• Session 1: September 6 - October 25
• Session 2: November 1 - December 27
Time: Tuesday | 5:00pm - 8:30pm
Location: Rec Center Gym
Age: 14+
Cost: Free (members) | \$5/session
Online or in-person registration:
August 22 - October 25 (Session 1)
October 17 - December 27 (Session 2)

Pickleball Clinic

Date(s): September 25
Time: Sunday
Beginner: 12:30pm - 2:00pm
Adv. Beginner: 2:15pm - 3:45pm
3:0/3:5: 4:00pm - 5:45pm
Location: Rec Center Gym
Age: 16+
Cost: \$18/person
Online or in-person registration:
August 15 - September 23

Barre

Date(s): September 6 - December 27
Time: Tuesday | 5:30pm - 6:30pm
Location: Rec Center
Age: 14+
Cost: Free (members) | \$5/class
Online or in-person registration opens
one week prior to class.

Body Sculpt

Date(s): September 3 - December 17
Time: Saturday | 8:30am - 9:30am
Location: Rec Center
Age: 14+
Cost: Free (members) | \$5/class
Online or in-person registration opens
one week prior to class.

In-Trinity Warrior 1

Date(s): September 7 - December 28
Time: Wednesday | 5:30pm - 6:30pm
Location: Rec Center
Age: 14+
Cost: Free (members) | \$5/class
Online or in-person registration
opens one week prior to class.

Rev + Flow

Date(s): September 1 - December 29
Time: Tuesdays & Thursdays
8:45am - 9:45am
Location: Rec Center
Age: 14+
Cost: Free (members) | \$5/class
Online or in-person registration
opens one week prior to class.

Silver Sneakers/Renew Active Exercise Class

Date(s): September 7 - December 28
Time: Wednesday | 1:00pm-2:00pm
Location: Rec Center
Age: 65+
Cost: Free (members) | \$5/class
Online or in-person registration opens
one week prior to class.

NEW 5K Race Seminars

Date(s): September 13 - Starting Safely & Choosing Footwear
September 20 - Strength Training for Runners
September 27 - The Psychology of Racing
Time: Tuesday | 7:00pm - 7:45pm
Location: Rec Center
Age: 10+
Cost: Free
Online or in-person registration:
August 1 - September 11

NEW Zero-to-5K Training

Date(s): September 20 - November 8
Time: Tuesday | 6:00pm - 7:00pm
Location: Outdoor Volleyball Pavilion
Age: 10+
Cost: \$35
Online or in-person registration:
August 1 - September 19

Pelham Parks & Recreation 5K presented by Maximum Physical Therapy

Date: November 12
Time: Saturday | 8:00am
Location: Rec Center Pavilion
Age: All ages
Cost: \$25 (\$30 after October 10)
Early registration:
August 1 - October 10

Yoga

Date(s): September 12 - December 26
Time: Monday | 5:30pm - 6:45pm
Location: Rec Center
Age: 14+
Cost: Free (members) | \$5/class
Online or in-person registration
opens one week prior to class.

NEW Zumba

Date(s): September 14 - December 28
Time: Wednesday | 6:00pm - 7:00pm
Location: Rec Center
Age: 14+
Cost: Free (members) | \$5/class
Online or in-person registration
opens one week prior to class.

MUSIC IN THE PARK

Date: October 9, 16, 23, 30
Time: Sunday | 4:30pm - 6:00pm
Location: Pelham City Park
Behind the Rec Center
Age: All ages
Cost: Free
No registration required.

NEW Elf Adventures

Date: December 3
Time: Saturday | Time TBA
Location: Pelham City Park
Age: All ages
Cost: Free
Online or in-person registration:
October 24 - December 1

Pelham Parks & Recreation

PelhamParksRec

Toddler & Me

Date(s): September - December
Time: Saturday | 10:00am - 10:30am
Location: Rec Center
Age: 18mo - 3yr
Cost: \$55/month

Ballet, Tap, Jazz

Date(s): September - December
Time: Saturday | 10:45am - 11:30am
Location: Rec Center
Age: 3 - 5
Cost: \$55/month

Hip-Hop

Date(s): September - December
Time: Thursday | 4:30pm - 5:15pm
Location: Rec Center
Age: 6 - 12
Cost: \$65/month

Tippi Pro-Ballet & Jazz

Date(s): September - December
Time: Thursday | 5:30pm - 6:15pm
Location: Rec Center
Age: 5 - 10
Cost: \$65/month

QUESTIONS?

Contact Vallie at Tippi Toes
vallie@tippitoesdance.com

ART, FAMILY, & LEISURE

To register, please visit
www.tippitoesdance.com/birmingham
and click "enroll now."

Cards, Games & More

Duplicate Bridge
Date(s): September 5 - December 26
Time: Monday | 10:00am - 3:00pm
Location: Senior Center
Age: 55+
Cost: Free
Weekly advance registration required.

Mahjong
Date(s): September 1 - December 15
Time: 1st & 3rd Thursdays
9:15am - 1:00pm
Location: Senior Center
Age: 55+
Cost: Free
No registration required.

Explore Pelham
to see what sets
us a path apart.

Crafting Together

Date(s): September 12, October 10, November 14, & December 12
Time: Monday | 1:00pm - 2:30pm
Location: Senior Center
Age: 55+
Cost: Prices vary
Registration opens at the beginning of each month.

Drumming

Date(s): September 19 & November 21
Time: Monday | 1:00pm - 1:50pm
Location: Senior Center
Age: 55+
Cost: Free
Registration opens at the beginning of each month.

Crochet

Date(s): September 2 - December 16
Time: 1st, 3rd, 5th Fridays
10:30am - 11:30am
Location: Senior Center
Age: 55+
Cost: Free
Registration opens at the beginning of each month.

NEW Line Dance Social

Date(s): September 9
Time: Friday | 6:00pm - 8:00pm
Location: Senior Center
Age: 55+
Cost: \$5
Online or in-person registration begins
August 1.

NEW Elvis!

Date(s): September 13
Time: Tuesday | 9:15am - 11:15am
Location: Pelham Civic Complex
Age: 55+
Cost: \$5
A limited number of tickets will be pre-sold at the Pelham Senior Center beginning August 1.

Men's Breakfast Club

Date(s): September 19, October 17, November 21
Time: 3rd Mondays | 8:30am - 9:45am
Location: Pelham Senior Center
Age: 55+
Cost: \$1 + purchase your breakfast
Registration opens at the beginning of each month.

NEW Fall Festival

Date(s): October 28
Time: Friday | 1:00pm - 3:00pm
Location: Senior Center
Age: 55+
Cost: Free
Registration opens at the beginning of the month.

Education & Resources

M4A State Health Insurance Program (SHIP)
Date(s): October 21
Time: Friday | 10:00am - 1:00pm
Location: Senior Center
Age: 55+
Cost: Free
Register not required but encouraged.

ACTIVE ADULTS

Registration at Senior Center

Art & Leisure

Registration at Senior Center

Hand & Foot

Date(s): September 2 - December 16
Time: Friday | 11:30am - 1:30pm
Location: Senior Center
Age: 55+
Cost: Free
No registration required.

Special Events

NEW Line Dance Social
Date(s): September 9
Time: Friday | 6:00pm - 8:00pm
Location: Senior Center
Age: 55+
Cost: \$5
Online or in-person registration begins
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Location: Senior Center
Age: 55+
Cost: Free
Registration opens at the beginning of the month.

Education & Resources

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Date(s): October 21
Time: Friday | 10:00am - 1:00pm
Location: Senior Center
Age: 55+
Cost: Free
Register not required but encouraged.

Fitness & Wellness

Fitness Forward
Date(s): September 5 - December 12
Time: Mondays | 10:30am - 11:20am
Location: Senior Center
Age: 55+
Cost: \$2/class
Register in-person on day of class.

Line Dancing (Intermediate)

Date(s): September 6 - December 27
Time: Tuesday | 10:00am - 11:30am
Location: Senior Center
Age: 55+
Cost: \$2/class
Register in-person on day of class.

Line Dancing (Improver)

Date(s): September 6 - December 27
Time: Tuesday | 11:45am - 12:45pm
Location: Senior Center
Age: 55+
Cost: \$2/class
Register in-person on day of class.

Line Dancing (Beginner)

Date(s): September 7 - December 14
Time: Wednesday | 12:00pm - 1:00pm
Location: Senior Center
Age: 55+
Cost: \$2/class
Register in-person on day of class.

Pelham Promenaders

Date(s): September 7 - December 14
Time: 1st & 3rd Wednesdays
1:15pm - 3:15pm
Location: Senior Center
Age: 55+
Cost: \$2/class
Register in-person on day of class.

Tai Chi

Date(s): September 2 - December 16
Time: Friday | 10:30am - 11:30am
Location: Senior Center
Age: 55+
Cost: Free
Register in-person on day of class.

QUESTIONS?

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vallie@tippitoesdance.com

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Cards, Games & More

Duplicate Bridge
Date(s): September 5 - December 26
Time: Monday | 10:00am - 3:00pm
Location: Senior Center
Age: 55+
Cost: Free
Weekly advance registration required.

Mahjong

Date(s): September 1 - December 15
Time: 1st & 3rd Thursdays
9:15am - 1:00pm
Location: Senior Center
Age: 55+
Cost: Free
No registration required.

NEW Line Dance Social

Date(s): September 9
Time: Friday | 6:00pm - 8:00pm
Location: Senior Center
Age: 55+
Cost: \$5
Online or in-person registration begins
August 1.

NEW Elvis!

Date(s): September 13
Time: Tuesday | 9:15am - 11:15am
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Time: 3rd Mondays | 8:30am - 9:45am
Location: Pelham Senior Center
Age: 55+
Cost: \$1 + purchase your breakfast
Registration opens at the beginning of each month.

NEW Fall Festival

Date(s): October 28
Time: Friday | 1:00pm - 3:00pm
Location: Senior Center
Age: 55+
Cost: Free
Registration opens at the beginning of the month.

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